

DEEP LEARNING-BASED MOTION ACTIVITY RECOGNITION USING SMARTPHONE SENSORS

SaedeH Abbaspour^{1,2}, Faranak Fotouhi², Hossein Fotouhi¹, Maryam Vahabi¹, and Maria Linden¹

¹ School of Innovation, Design, and Engineering, Mälardalen University, Sweden
{saedeH.abbaspour, hossein.fotouhi, maryam.vahabi, maria.linden}@mdh.se
² Faculty of Engineering, University of Qom, Qom, Iran, {f-fotouhi@qom.ac.ir}

ABSTRACT

MHealth systems establish a new way to transfer the health service to remote places. These systems offer significant benefits for continuous health monitoring. Motion activity recognition is one of the challenging mHealth use cases that incorporates continuous data collection and analysis of measurements. The main goal of this research is to analyze physical activity data. We employ measurements from the WISDM lab dataset¹. These data are collected from participants performing motion activities. This data is then used by deep learning algorithms to predict special activities. In particular, CNN and CNN-LSTM algorithms are used to compare their accuracy, which resulted in approximately 95% and 97% respectively. Thus, the CNN-LSTM has higher accuracy in this analysis.

KEYWORDS

MHealth, Activity Recognition, Accelerometer, Deep Learning

1. INTRODUCTION

EHealth encompasses a wide variety of sub domains of digital health such as telehealth and telemedicine, health IT system, electronic health record and mobile health (mHealth). The recent advances in manufacturing mobile devices and the rise of wearable sensors embedded in people's everyday lives have led to the concept of mHealth monitoring. MHealth is defined as access and practice of healthcare via mobile telecommunication, multimedia technology and wireless body sensors through a smartphone healthcare application (App) [1]. Figure 1 shows a schematic view of a typical mHealth system. In this system, the data collected from the sensor/actuator devices are sent to the cloud servers, where they are interpreted and analyzed. The analysis results are then submitted to both specialists in the clinic and the mobile application users. Any decision made by the specialists is then recorded in the servers and forwarded to the actuators.

The mobile applications can be categorized into two groups: (1) fitness, diet and nutrition apps, and (2) disease and treatment management apps. According to Gartner, 40% of digital health systems in 2021 will shift to wearable devices which 90% will include fitness trackers [15]. These mHealth apps could calculate the amount of energy consumed during a physical activity. In fact, they use accelerometers, gyroscope [7] and GPS [9][12][15][20] to obtain and analyze the required data. For example, Hwang et al. have provided a fitness system embedded in shoes to measure steps, calorie and biomedical information using the pressure sensors [11]. Adi et al. have built a system to measure the heart rate, ECG signal, step count and calorie consumption using the Smartphone's accelerometer [17]. Pande et al. used Smartphone's sensors such as accelerometer and barometer to obtain the energy expenditure [14]. Pal and Hepsiba estimated the user's energy expenditure using the Smartphone's accelerometer and GPS [22]. Duclos et al. have used accelerometer data to measure the

¹ The WISDM Lab dataset: <http://www.cis.fordham.edu/wisdm/dataset.php>

energy expenditure [6]. Li et al. used the ECG and accelerometer sensors to estimate the energy expenditure [16]. Altini et al. used five accelerometer sensors attached to the body to assess the energy expenditure during the daily activities [2]. Carneiro et al. used a smartphone accelerometer to estimate the energy expenditure [5]. As a previous work, a wearable kit is designed to calculate the calorie consumption. This system used motion sensor and PPG (Photoplethysmography) sensor separately. The output of these sensors was sent to an android app by bluetooth [8].

The majority of the above contributions rely on Smartphone embedded sensors to collect the physiological data, which hugely lack precision and accuracy. For example, in [3], the Fitbit was joint with a Smartphone app for step count, but it wrongly underestimated the step counts. In [21], the Fitbit was incorporated to measure the step counts though it was imprecise. Similarly, in the SmartWatch market for instance in [19] and [10], the ActiGraph was used which erroneously overestimated the frequency of the activity and the step counts. The Huawei and Apple watches include an accelerometer, gyroscope, heart rate, altimeter and microphone sensors [13]. In [4], the Basic B1 smartwatch was incorporated for dementia care at home. It provided the heart rate, the ambient temperature and the activity levels. However, it did not reveal the exact activity during the daily activities. In this paper, it is demonstrated how deep learning can help us to improve the accuracy of predictions. In fact, two well-known algorithms are elaborated and compared with respect to their accuracy. Thus, the main goal of this paper is to use deep learning algorithms to classify motion activities by using accelerometer data.

The rest of the paper is organized as follows. Section 2 discusses about the input data used in the experiments. The deep learning algorithms used to analyze those data are explained in section 3, and the analysis results are discussed in section 4. Finally, section 5 concludes the paper and outlines the future directions.

2. DATA COLLECTION

In this paper, the data from WISDM dataset [14] is used, which consists of cell phone accelerometer data. In particular, the values of acceleration are analyzed to detect the activity type by employing deep learning algorithms. The activities include “Walking”, “Jogging”, “Upstairs”, “Downstairs”, “Sitting” and “Standing”. This dataset is extracted from twenty-nine participants. In the first step,

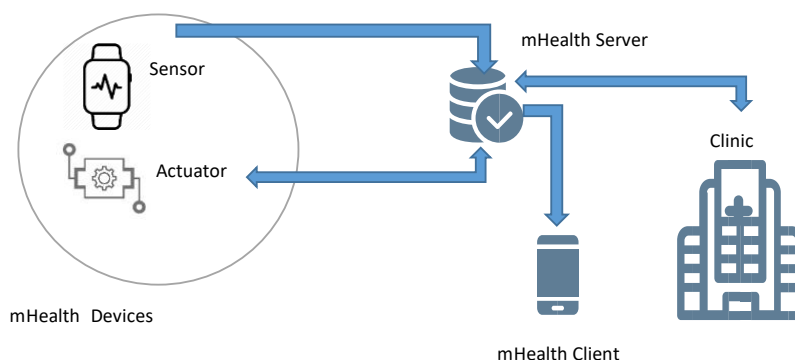


Figure 1. A schematic view of a typical mHealth system.

the values of accelerometer are used to predict activity type. These data can help us to monitor the motion activity for each participant. In this case, the participants carried the Android phone in their front pants leg pocket and were asked to walk, jog, ascend stairs, descend stairs, sit and stand for specific periods of time. The accelerometer data are collected every 50ms, so the sampling rate is 20HZ per second.

3. DEEP LEARNING ALGORITHMS

Deep learning is a subset of machine learning that relies on several layers of artificial neural networks (ANNs) to process unstructured data and detect patterns to be used in decision making. ANNs are inspired by the structure of human brain, and consist of layers, each representing a set of features. These features help the deep learning algorithm to extract the best model characterizing the input data.

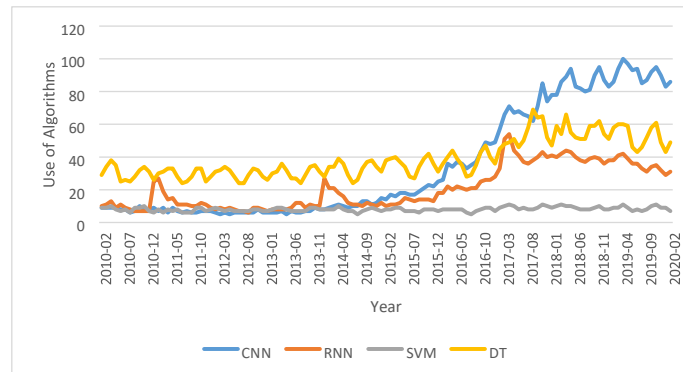


Figure 2. The use of deep learning and traditional algorithms.

There are several types of deep algorithms each suitable for a different type of application. CNN (Convolutional Neural Network) and RNN (Recurrent Neural Network) are among the well-known deep algorithms. CNNs are feed forward ANNs widely used in computer vision for image recognition. However, RNNs include some feedback loops which make them more suitable for classifying timeseries data.

Deep learning can extract features automatically. Also, it works better than traditional machine learning algorithms. The greater the number of layers within the neural network, the better the features are extracted. And there is no need to calculate the feature manually. Traditional machine learning algorithms such as SVM (Support Vector Machine), KNN (K- Nearest Neighbors) and Decision Tree are dependent on human knowledge. However, deep learning algorithms ignore the presence of human in the loop. Deep learning is an appropriate technique for obtaining accurate and fast classification. Figure 2 shows the use of deep learning and traditional algorithms in the last 10 years. Accordingly, the trend of using the CNN algorithm has increased enormously compared to other machine learning algorithms.

The main goal of this paper is to use deep learning algorithms to classify motion activities. These activities are extracted from WISDM dataset. In this case, acceleration values are used. These data are collected from smartphone sensor. The acceleration data are used as input of deep algorithms. Now, the feature extraction phase is performed automatically without expert supervision by using CNN and CNN-LSTM. As shown in figure 2 these two types of algorithms are more used. Figure 3 shows the structure of CNN and CNN-LSTM in our analysis.

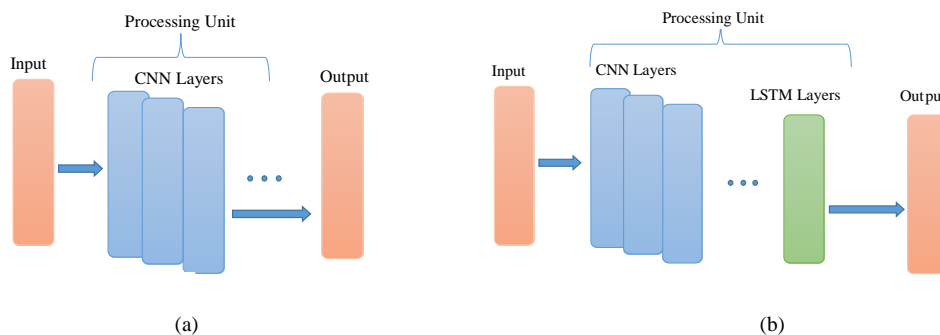


Figure 3. (a) Structure of CNN algorithm, and (b) structure of CNN-LSTM

4. RESULTS AND DISCUSSION

In this section we discuss about the results obtained from using the CNN and CNN-LSTM algorithms to recognize daily activities. As mentioned in section 2, six types of activities are analysed by these algorithms i.e. “Walking”, “Jogging”, “Upstairs”, “Downstairs”, “Sitting” and “Standing”. The analysis results are summarized in Figure 4, Figure 5 and Table 1. Figure 4 presents a comparison between the accuracy of these algorithms with respect to each activity. Accordingly, both of these algorithms are able to recognize activities with at least 90% accuracy. This is important regarding the fact that WISDM is an imbalanced dataset. However, the CNN-LSTM algorithm has a higher level of accuracy. This superiority could be related to the fact that LSTM can consider timing dependencies among the input data.

Furthermore, the results presented in Figure 4 indicate that Jogging is the easiest activity to recognize by either of the algorithms, since it involves more changes in the acceleration parameter. On the other hand, recognition of going upstairs/downstairs is more difficult for these algorithms, since there is no input data about the direction of movement.

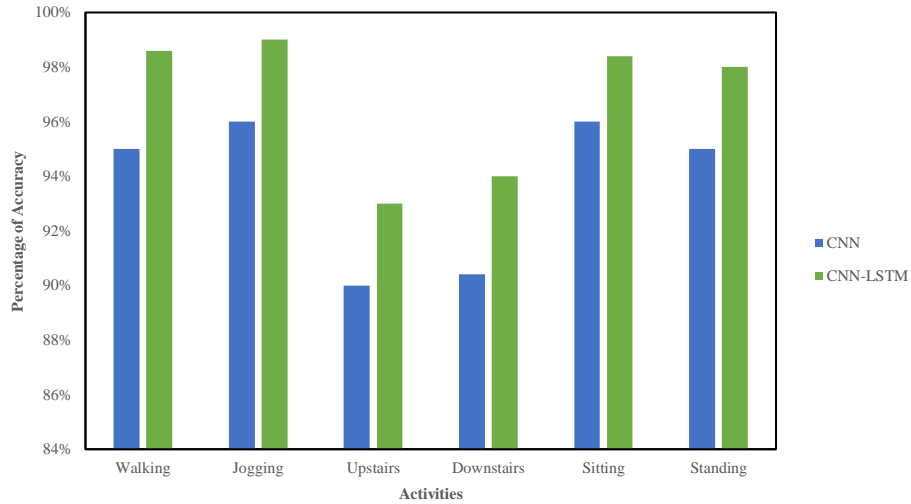


Figure 4. The accuracy of deep learning algorithms for different activities.

Table 1 compares the algorithms with respect to loss value, number of layers and epochs, and average accuracy. Both algorithms have the same number of convolution layers, and as expected, the CNN-LSTM algorithm has a higher accuracy and a less error ratio in average. Figure 5 indicates the relation between the number of epochs and the loss and accuracy of each algorithm. The CNN algorithm shows the optimal performance after 200 epochs of training. However, the CNN-LSTM algorithm needs 50 more epochs to reach the highest accuracy. From the loss value viewpoint, we witness a steady decrease for both algorithms as we increase the number of epochs.

Table 1. The number of layers, Error and Accuracy values in different deep algorithms

Type of algorithm	Epochs	Error	Layers	Average Accuracy
CNN	200	0.15	4	94%
CNN-LSTM	250	0.12	5	97%

Achieving a high accuracy in learning motion activities is very important, especially in the context of mHealth systems. For example, assume that we have some patients suffering from the Parkinson's disease, and they are supposed to perform some rehabilitation activities to improve their bodily functions. These activities help patients get their abilities back and regain independence. If we have an mHealth system capable of accurately recognizing these activities and giving the patients feedback in case of some mistakes, then they would be able to improve their health with less need to go to clinics.

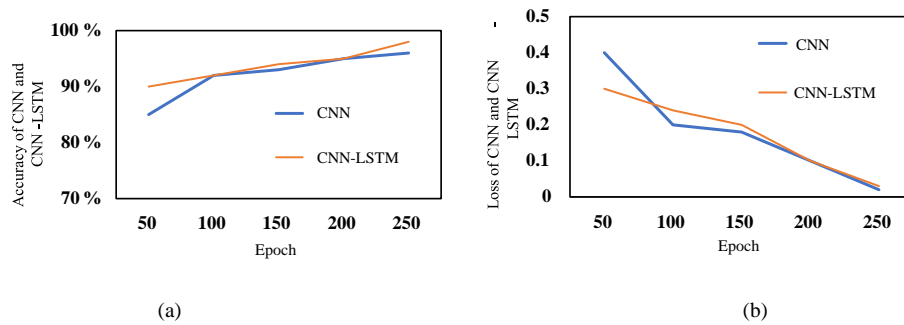


Figure 5. (a) The accuracy of deep learning algorithms, and (b) The loss of CNN and CNN-LSTM

Despite the advantages mentioned above, our proposed research has several limitations. First, the WISDM dataset is a small dataset and includes a few types of activities. Second, the data stored in the WISDM dataset is collected by a smartphone. In future work, we are going to use wearable sensors to collect more useful data and analyse the accuracy of deep learning algorithms. Third, we focused on only two deep learning algorithms i.e. CNN and CNN-LSTM in this research. Despite the strength and wide application of these models, we plan to examine other deep learning algorithms e.g. Gated Recurrent Units (GRUs) in our experiments.

5. CONCLUSION

In this paper, we presented the results of an experiment on the application of deep learning algorithm in the context of human activity recognition. In this experiment, the data recorded in the WISDM dataset were used for training two deep learning models. The first model included four layers of CNNs, but the second model was a combination of four CNN layers and one LSTM layer. The experiment results indicated that both of the models were able to recognize daily activities with a high level of accuracy i.e. more than 94%. However, the second algorithm performed more accurately.

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